



ECO-CONTAINMENT TUTORIALS

Hello everyone! In these difficult moments and let's not hide it rather long we had the idea to set up the «Eco-containment tutorials».

WHAT ARE THESE TUTOS ?

It's very simple... You, me, your sister, your roommate, your turtle, we all have little practices that we do at home and that in one way or another improve the quality of life on our planet. That's where the tutos of eco-containment come into play! Why not share your eco-friendly tips with as many people as possible?!

HOW DO YOU DO THAT ?

Don't worry, it's disconcertingly simple again! To make a killer tutorial, you just need a camera and the necessary material for your tutorial. You'll have to film yourself and present your tutorial. If there are blanks or bugs in your tutorial, don't worry. You can even send us your tutorial in several parts, an editor will take care of the editing! (no feature film of one hour, thank you!) We will even translate your video (French, English, Arabic) so that everyone can enjoy it!

IS THERE A SPECIAL FORMAT TO ADOPT ?

To make sure that all the tutos have the same format, we've created a grid that you can adopt:

- Your presentation
- A contextualization (explain how it's ecological to do this, you can give numbers to support your words)
- The presentation (explanation) of what you are going to do
- Show how to do it step by step
- Thanking people (short message)

Once you have shot the video, you can upload it ([here](#)) and send it to us by email at:

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If you have any questions, don't hesitate to send us a message via FB or on our address.

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